

H-atom is in the ground state $(100\rangle)$ at $t=0$.

A time dependent electric field is applied

$$E = E_0 e^{-\lambda t} \quad \text{for } t > 0$$

A long time passes.

a) what is the fraction of atoms in the $|200\rangle$ state?

$$c_{1 \rightarrow 2}(t) = \frac{-i}{\hbar} \int_0^t \langle 100 | H' | 200 \rangle e^{i\omega_{10}t'} dt'$$

$$\langle 100 | H' | 200 \rangle = \int_0^\infty \int_0^\pi \int_0^{2\pi} \frac{2}{a_0^3} e^{-r/a_0} \frac{1}{\sqrt{4\pi}} (e E_0 z e^{-\lambda t'}) \frac{1}{\sqrt{3}} \frac{1}{a_0^{3/2}} \left(1 - \frac{r}{2a_0}\right) e^{-r/2a_0} \frac{1}{\sqrt{4\pi}} r^2 \sin\theta d\theta d\phi dr$$

$$= \frac{2 e E_0 e^{-\lambda t}}{4\pi a_0^3 \sqrt{3}} \int_0^{2\pi} d\phi \int_0^\pi \cos\theta \sin\theta d\theta \int_0^\infty r^3 \left(1 - \frac{r}{2a_0}\right) e^{-\frac{3r}{2a_0}} dr = 0$$

$$\int_0^{2\pi} \int_0^\pi \cos\theta \sin\theta d\theta d\phi = 0$$

So $\langle 100 | H' | 200 \rangle = 0$, hence there will be 0 atoms in the $|2p\rangle$ state.

b) what is the fraction of atoms in the $|2\rangle$ state?

$|2\rangle: |211\rangle, |21-1\rangle, |210\rangle$

$$c_{1 \rightarrow 2}(t) = \frac{-i}{\hbar} \int_0^t \langle 100 | H' | 21m \rangle e^{i\omega_{10}t'} dt'$$

$$\langle 100 | H' | 211 \rangle = \int_0^{2\pi} \int_0^\pi \int_0^\infty \frac{\lambda}{a_0^{3/2} \sqrt{4\pi}} e^{-r/a_0} (e\mathcal{E}_0 r \cos\theta e^{-i\omega t}) \frac{1}{\sqrt{4\pi}} \frac{1}{a_0^{5/2}} r e^{-\frac{3r}{2a_0}} \left(\frac{2}{8\pi}\right)^{1/2} \sin^2\theta e^{i\phi} r^2 dr \sin\theta d\theta d\phi$$

$$= \frac{-2e\mathcal{E}_0 e^{-i\omega t}}{a_0^4 \sqrt{4\pi} \sqrt{4\pi}} \left(\frac{2}{8\pi}\right)^{1/2} \int_0^{2\pi} e^{i\phi} d\phi \int_0^\pi \cos\theta \sin^3\theta d\theta \int_0^\infty r^4 e^{-\frac{3r}{2a_0}} dr = 0$$

$$\frac{1}{2} e^{i\phi} \Big|_0^{2\pi} = \frac{1}{2} [1 - 1] = 0$$

So $\langle 100 | H' | 211 \rangle = 0$, similarly $\langle 100 | H' | 21-1 \rangle$ as $Y_{1,-1} = (-1) Y_{1,1}^*$

$$\langle 100 | H' | 210 \rangle = \int_0^{2\pi} \int_0^\pi \int_0^\infty \frac{\lambda}{a_0^{3/2} \sqrt{4\pi}} (e\mathcal{E}_0 r \cos\theta e^{-i\omega t}) \left(\frac{3}{4\pi}\right)^{1/2} \cos\theta r^2 dr \sin\theta d\theta d\phi$$

$$= \frac{2e\mathcal{E}_0 e^{-i\omega t}}{4\pi a_0^4} \frac{1}{\sqrt{8\pi}} \int_0^{2\pi} d\phi \int_0^\pi \cos^2\theta \sin\theta d\theta \int_0^\infty r^4 e^{-\frac{3r}{2a_0}} dr$$

$2\pi \quad u = \cos\theta \quad \frac{du}{d\theta} = -\sin\theta \quad \int_0^\pi \cos^2\theta \sin\theta d\theta = \int_1^{-1} u^2 (-du) = \int_{-1}^1 u^2 du = \frac{1}{3} [1+1] = \frac{2}{3}$

$$\int_0^\infty r^4 e^{-\frac{3r}{2a_0}} dr = \frac{4!}{\left(\frac{3}{2a_0}\right)^5} = \frac{24}{\left(\frac{3}{2a_0}\right)^5}$$

$$= \frac{2e\mathcal{E}_0 e^{-i\omega t}}{4\pi \sqrt{8\pi} a_0^4} \cdot 2\pi \cdot \frac{2}{3} \cdot \frac{24}{\left(\frac{3}{2a_0}\right)^5} = \frac{16e\mathcal{E}_0 e^{-i\omega t} a_0^5}{\sqrt{8\pi} \cdot 3^5}$$

So

$$c_{1 \rightarrow 2}(t) = \frac{+i}{\hbar} \frac{16e\mathcal{E}_0 a_0}{\sqrt{8\pi}} \left(\frac{2}{3}\right)^5 \int_0^t e^{-i\omega t} e^{i\omega_0 t} dt = \frac{+i}{\hbar} \frac{16e\mathcal{E}_0 a_0}{\sqrt{8\pi}} \left(\frac{2}{3}\right)^5 \int_0^t e^{-(\omega - i\omega_0)t} dt$$

$$= \frac{i}{\hbar} \frac{16e\mathcal{E}_0 a_0}{\sqrt{8\pi}} \left(\frac{2}{3}\right)^5 \left(\frac{-1}{i} - i\omega_0\right) e^{-(\omega - i\omega_0)t} \Big|_0^t = \frac{i}{\hbar} \frac{16e\mathcal{E}_0 a_0}{\sqrt{8\pi}} \left(\frac{2}{3}\right)^5 \frac{1}{(\omega - i\omega_0)}$$

The probability is given by: $|c_{1 \rightarrow 2}(t)|^2 = \frac{16^2 e^2 \mathcal{E}_0^2 a_0^2}{\hbar^2} \left(\frac{2}{3}\right)^{10} \frac{1}{(\omega - i\omega_0)^2} = \frac{32 e^2 \mathcal{E}_0^2 a_0^2}{\hbar^2} \left(\frac{2}{3}\right)^{10} \frac{1}{\omega^2 + \omega_0^2}$

And hence if the total population of atoms is N the the fraction of atoms in the $2s$ state is:

$$\left(\frac{32 e^2 \mathcal{E}_0^2 a_0^2}{\hbar^2} \left(\frac{2}{3}\right)^{10} \frac{1}{\omega^2 + \omega_0^2} \right) N$$