

Consider the 3-dimensional harmonic oscillator described by the Hamiltonian:

$$H_0 = \frac{1}{2m} (p_x^2 + p_y^2 + p_z^2) + \frac{1}{2} m \omega^2 (x^2 + y^2 + z^2)$$

A small perturbation $V = \lambda xyz$ is introduced. Compute to lowest nonvanishing order the shift in energy of the ground state of the unperturbed Hamiltonian.

→ The perturbation can be rewritten as:

$$V = \lambda xyz = \left(\frac{\lambda}{(2m\omega)^{3/2}}\right) (a_x + a_x^\dagger)(a_y + a_y^\dagger)(a_z + a_z^\dagger)$$

where a, a^\dagger are lowering, raising operators, i.e. $a|n\rangle = \sqrt{n}|n-1\rangle$
 $a^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle$

the ground state of the 3-D oscillator can be written $|n_x=0, n_y=0, n_z=0\rangle$ and the energy levels are: $E = \hbar\omega(n_x + n_y + n_z + 3/2)$, $n_i = 0, 1, 2, \dots$

$$V = \left(\frac{\lambda}{(2m\omega)^{3/2}}\right) (a_x a_y + a_x a_y^\dagger + a_x^\dagger a_y + a_x^\dagger a_y^\dagger)(a_z + a_z^\dagger)$$

$$V = \left(\frac{\lambda}{(2m\omega)^{3/2}}\right) (a_x a_y a_z + a_x a_y^\dagger a_z + a_x^\dagger a_y a_z + a_x^\dagger a_y^\dagger a_z + a_x a_y a_z^\dagger + a_x a_y^\dagger a_z^\dagger + a_x^\dagger a_y a_z^\dagger + a_x^\dagger a_y^\dagger a_z^\dagger)$$

the first order correction is given by

$$E_0^1 = \left(\frac{\lambda}{(2m\omega)^{3/2}}\right) \langle n_x=0, n_y=0, n_z=0 | V | n_x=0, n_y=0, n_z=0 \rangle$$

$$E_0^1 = 0 \quad \text{since } \langle n | a^\dagger | n \rangle = 0, \quad \langle n | a | n \rangle = 0$$

the 2nd order correction is given by

$$E_n^2 = \sum_{m \neq n} \frac{|\langle \psi_m^0 | H' | \psi_n^0 \rangle|^2}{E_n^0 - E_m^0} \quad (\text{Griffiths eq 6.14})$$

the only ψ_m^0 that will give a nonzero inner product is $|n_x=1, n_y=1, n_z=1\rangle$ when acted on by $a_x a_y a_z$

$$\text{so } |\langle \psi_m^0 | a_x a_y a_z | \psi_n^0 \rangle|^2 = \frac{\lambda^2}{(2m\omega)^3}$$

$$E_n^0 = \hbar\omega (0+0+0 + \frac{3}{2}) = \frac{3\hbar\omega}{2}$$

$$E_m^0 = \hbar\omega (1+1+1 + \frac{3}{2}) = \frac{9}{2}\hbar\omega$$

$$E_n^0 - E_m^0 = -3\hbar\omega$$

thus

$$E_n^2 = \frac{-\lambda^2}{(2m\omega)^3 3\hbar\omega}$$